AMENDMENTS TO THE CLAIMS:

This listing of claims will replace all prior versions and listings of claims in the application:

(Currently Amended) A casting process comprising the steps of:
mixing one or more kind of an aggregate granular material, one or more kind of a
water-soluble binder, and water, to form a mixture of said aggregate granular material,
and stirring said mixture to cause it to foam such that it is formed as a whipped cream
<u>mixture</u>;

charging said foamedwhipped cream mixture into a molding space, and evaporating the moisture within said charged mixture to harden said charged mixture to mold a mold with said hardened mixture;

assembling at least one mold that is cast in said hardened mixture and a mating mold to form a completed mold;

pouring molten metal into said completed mold;

removing said completed mold from a cast article that is composed of the solidified molten metal during a process of cooling said cast article after said molten metal solidifies; and

applying a heat treatment to said cast article,

wherein said one or more kind of said water-soluble binder is at least either a polyvinyl alcohol or a derivative thereof, or at least either a starch or a derivative thereof.

- 2. (Previously Presented) A casting process as recited in claim 1, wherein said at least one mold that is cast in said hardened mixture is a core, and said mating mold is a master mold.
- 3. (Previously Presented) A casting process as recited in claim 2, wherein said master mold is a metal mold.
- 4. (Previously Presented) A casting process as recited in claim 2, wherein said master mold is a sand mold.
- 5. (Previously Presented) A casting process as recited in claim 1, further comprising steps of returning said aggregate granular material, and recovering said returned aggregate granular material.
- 6. (Original) A casting process as recited in claim 5, further comprising steps of recycling and using said returned and recovered aggregate granular material for molding a mold.
- 7. (Original) A casting process as recited in claim 5 or 6, wherein said steps of returning and recovering said aggregate granular material are mechanical recovering processes.
- 8. (Withdrawn) A casting process as recited in claim 1, wherein said cast article is cast in an aluminum alloy or a magnesium alloy.
- 9. (Withdrawn) A casting process as recited in claim 8, wherein said heat treatment is a T6 treatment or a T7 treatment.
- 10. (Withdrawn) A casting process as recited in claim 1, wherein said cast article is cast in a casting iron, a casting steel, or a ferrous alloy.

- 11. (Withdrawn) A casting process as recited in claim 1, wherein said cast article is cast in a copper alloy.
- 12. (Previously Presented) A casting process as recited in claim 1, wherein said step of removing said completed mold from said cast article is to apply shakes to said mold.
- 13. (Previously Presented) A casting process as recited in claim 12, wherein said step of applying said shakes to said mold includes impact forces of less than 1MPa at an operating frequency at less than 30Hz being applied to said mold for less than 30 seconds, within from 5 to 20 minutes after said molten metal is poured.

14-15. (Cancelled).